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## Kathy Lehner - Helping Grow Girls' Confidence

*Kathy Lehner's commitment to her community and to encouraging young girls to achieve have earned her the Rohrstaff Hero award.*

Community Ministries (UCM) provided a Community Center Director, and working with her, Kathy provided a weekly crafts program for the children. She also enlisted her Teen Girl Scouts to support the annual Creekside Community Day held in May.

Maybe you have met someone who has a life full of family and work and other responsibilities - who then fills up her "spare" time lifting others up to give them a chance to have greater life experiences.



When Kathy Lehner's daughters were old enough, Kathy became Girl Scout leader for her girls' troops and began a long affiliation with the 100-year-old organization.

Kathy loved being Girl Scout leader and then Service Unit Leader, helping leaders of over 30 troops in her area. But her main interest was helping the girls grow in confidence and leadership. Here are reasons we recognize her with this award:

**Homework Buddies.** While volunteering in her daughters' school, in the Alexandria section of Fairfax County, Kathy saw that the students bused there from a public housing complex on the other side of Route 1 in the Creekside neighborhood were often at a disadvantage academically. So, she started a homework buddies program at the apartment complex.

**After-school Tutoring.** The following year, the elementary school principal asked Kathy to organize an after-school tutoring program at the school and arranged for the school to provide an after-school bus to get the students home. With the support of her Teen Girl Scouts, teachers, honor students from the middle and high schools, every week, 25-40 students received help in either math or reading.

**Weekly Crafts Program.** When the apartment complex renovated, it included a community center that could be set-up daily to provide programs for children. United

**Camp Rainbow.** Kathy and her Teen Girl Scouts have been involved for years with Camp Rainbow, a Teen Girl Scout-led outreach camp for low-income families in the area. Some of the campers

attended year after year and this year will return as Teen Girl Scouts themselves ready to lead the younger campers. One of the goals for Camp Rainbow is to get every camper into a troop that meets during the school year.

**Scout Troops at School.** When Kathy was a troop leader at the elementary school she wanted to solve the problem of making the troops available to the girls who live in the apartment complex. Working with the principal, eventually Kathy formed and led three troops at the school for kindergarten through fifth grade. She wanted every girl to have the opportunity to work in a group setting, learn leadership skills and gain confidence.

**Teen Scout Leaders.** Once the troops were up and running, Kathy recruited her Teen Girl Scouts to run various activities for the younger girls so the teens could earn Girl Scout awards, including the Gold Award, the highest award a Girl Scout can earn, the equivalent of the Eagle Scout Award.

Kathy's focus now is passing on the leadership of her troops to new leaders and forming a closer community of scouts and confident girls. She has designate her cash award to be donated to UCM.

Please nominate someone you consider to be a hero. If selected, we will tell the story and make a donation to his/her favorite charity. Go to [RohrstaffHeroes.com](http://RohrstaffHeroes.com) and fill out the form to make your nomination.

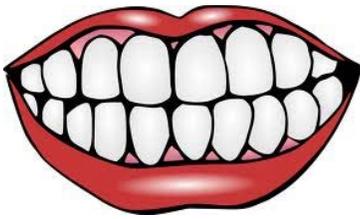


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You can request free copies by calling 703-260-6070 or by e-mailing us at [Janelle@RohrstaffLaw.com](mailto:Janelle@RohrstaffLaw.com).



Sandra's twin grandchildren are 2 3/4 years old



## Dental Work Gone Awry

Rohrstaff Law Firm can now help you in a new way. Raymond Shank, who recently joined the firm, has extensive experience in the area of dental malpractice. Ray spent the last five years litigating cases brought against dentists and their practice groups. That knowledge and experience will be valuable as he now works on behalf of people who have been injured by improper or unnecessary dental procedures.

Nobody enjoys going to the dentist; however, keeping teeth and gums healthy is too important to our overall health, so we go. Although not every poor outcome is the result of malpractice, a poor outcome can be devastating to your day-to-day living. Your ability to eat and speak can be compromised and, depending on the severity of your condition, the mess left in your mouth can cause

serious, debilitating pain. In rare instances, complications from poor dental work can even be life threatening.

The following is a list of outcomes that could result from dental malpractice:

- ◆ Ill-fitting prosthetics (bridges, crowns, veneers)
- ◆ On-going infections that are not being addressed
- ◆ Fillings that fall out or trap food and lead to cavities/ infection
- ◆ Extractions or root canals performed on seemingly healthy teeth
- ◆ Loss of feeling/function at the site of oral surgery
- ◆ Cosmetic dentistry that results in an uncomfortable/ unnatural bite
- ◆ Incomplete root canals that lead to infection/tooth loss
- ◆ Other injuries that may be caused by neglect or malpractice

Call Ray at 703-260-6070 or email him at [Raymond@RohrstaffLaw.com](mailto:Raymond@RohrstaffLaw.com)  
He'll be glad to answer your questions.

## What's Going On At Rohrstaff Law Firm?

In January, Sandra taught a great group of lawyers at the National Trial Advocacy College at the University of Virginia in Charlottesville. The program attracts lawyers and law students from all over the country who spend a week learning new and honing old skills to help them better represent their clients in court. Sandra has been on the faculty for five years.

## Case Dismissed!

### How To Get Your Case Dismissed By The Judge



Timothy Call sued the driver of a truck (Nathan Harrison) and the truck driver's employer (Williamson Distributors, Inc.) in Federal Court in Harrisonburg for injuries Mr. Call said he suffered when the car he was driving ran over a drive shaft that had fallen off the truck. (*Call v. Harrison*, U.S. District Court for the Western District of Virginia, Harrisonburg Division, Civil Action No. 5:12cv00008.) The Court had two bases for dismissing the case. First was that Mr. Call could not prove negligence on the part of the defendants. The second reason, however, is more stunning.

*"responses to questions about his medical history, under oath, were not true."*

disclose so tainted the discovery process that the court has no choice but to dismiss this case."

The judge spent almost half of his 19-page Memorandum Opinion citing example after example of Mr. Call's responses to questions about his medical history, under oath, both in his deposition and in written discovery, that were not true. The judge said, "Call's failure to

I don't know how many times Mr. Call responded to questions in his deposition with answers such as "Not that I can recall," but the judge cited at least 6 - 8 evasive answers. Also, Mr. Call had been treated by numerous health care providers that he had not disclosed. In his Memorandum Opinion, the judge said that even if Mr. Call's "inconsistencies could be chalked up to a failed recollection, [his] discovery failures prove inexcusable."  
**Case dismissed.**

The trial judge's entire Memorandum Opinion is on our website at [RohrstaffLaw.com/Library](http://RohrstaffLaw.com/Library). If you cannot read the opinion on the website, let us know and we will send you a copy of it.

## Janelle Is Singing In A Trio And A Small Group!

Janelle's  
Corner

We would love to have you as our guests. So, the first four people to call will get a free ticket to the concert!

Call Janelle at 703-260-6070.



The Reston Chorale has excited audiences with its musical excellence and versatility for over 45 years. The Chorale was established to provide Western Fairfax County and the Greater Washington DC Metropolitan Area with the finest in choral music performance produced by amateur and professional musicians from the community. The mission of The Reston Chorale is to promote community interest and participation in, and enjoyment of, choral music.

### "A Night at the Movies"

It's not just what's on the screen that makes a movie memorable - it's the soundtrack behind it, too. The Reston Chorale's annual Pops Concert will feature songs from the silver screen.

**Saturday, March 2, 2013**  
**at 4:00 pm & 7:30 pm**  
**Reston Community Center**  
**2310 Colts Neck Road, Reston VA**

\$25 Adults (19+)  
 \$20 Seniors and Youth (16-18)  
 Youth under 16 are admitted free  
 with a paying ticketholder



**Buy Tickets Online** - InstantSeats.com  
**OR** at the Reston Community Center Box Office - 703-476-1111  
 For further information, contact The Reston Chorale directly at  
 703-834-0079 or [info@restonchorale.org](mailto:info@restonchorale.org).

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Sandra Rohrstaff  
VIRGINIA CHILD INJURY LAWYER

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Sandra & Janelle  
Mother & Daughter  
Working to Help Other Families



Janelle joined The Reston Chorale  
two years ago and is having a blast.  
Go to [RestonChorale.org](http://RestonChorale.org) to see  
their concert schedule.

## Thanks For Your Referrals!

We always appreciate referrals.

We hope you think of us if you, your family or friends have any legal matters that need attention.  
If we are not able to help you, then we will help you find someone who can.  
We welcome the opportunity to help you and those you care about.

If you would like to be removed from our mailing list, or  
if you or someone you know would like to receive the Rohrstaff Reader in **LARGE PRINT**,  
please call Janelle at 703-260-6070, or e-mail her at [Janelle@RohrstaffLaw.com](mailto:Janelle@RohrstaffLaw.com).

## What People Are Saying About Us

Thank you on behalf of our family for being an advocate for our dad. I know that the more time went on, the more you got to know Dad through us. It meant a lot to us that you were both professionally and emotionally committed to see justice done for our dad.

Thank you for always being available to talk with us whenever we had questions. We appreciate your patience, kindness, warmth and compassion. You were genuinely concerned for our family and for what we were going through.

- Chris E.

## Chocolate Custard

This is the simplest recipe EVER, guaranteed. My son Michael (father of the amazing twins) has drastically changed his diet and workout routine in the last couple of years. I'm sure it's because he needs strength and stamina to keep up with the kids – and also because he's committed to being healthy. He's learned a lot lately about health problems caused by eating too much sugar, which can be found in most every processed food we eat (including, alas, bread), so he focuses his eating on protein, fat and vegetables. Here's a recipe I found that is acceptable to his diet and his tastebuds.



- 1 can coconut milk (13½ oz)
- 1 cup dark chocolate chips (I accidentally put in the entire bag which didn't hurt the custard at all)
- 1 teaspoon cinnamon (or more to taste)

Put the coconut milk and chocolate chips in a pan and mix over medium low fire until well blended.  
Add cinnamon.

Put in serving dishes; refrigerate. Eat, enjoy.